

JENNA R. CUMMINGS
CURRICULUM VITAE

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EDUCATION

- In progress** **PhD (Anticipated graduation in 2018)**
University of California, Los Angeles
Major: Health Psychology
Minors: Social Psychology, Quantitative Psychology
- 2014** **MA**
University of California, Los Angeles
Major: Health Psychology
- 2012** **BA, Summa cum laude**
University of South Florida, Honors College, Department Honors Program
Major: Psychology
Minor: Dance

PUBLICATIONS

*Citations = 88, h-index = 4, i10-index = 3 (computed on Google Scholar 11/15/2017)

Cummings, J. R., Mason, A. E., Puterman, E., & Tomiyama, A. J. (in press). Comfort eating and all-cause mortality in the U.S. Health and Retirement Study. *International Journal of Behavioral Medicine*.

Cummings, J. R. & Tomiyama, A. J. (in press). Bidirectional associations between eating and alcohol use during restricted intake. *Current Addiction Reports*.

Cummings, J. R., Ray, L. A., & Tomiyama, A. J. (2017). Food-alcohol competition: As young girls eat more food, do they drink less alcohol? *Journal of Health Psychology*, 22(5), 674-683. doi: 10.1177/1359105315611955, PMID: 26542418

Tomiyama, A. J., Finch, L. E., & **Cummings, J. R.** (2015). Did that brownie do its job? Stress, eating, and the biobehavioral effects of comfort food. In R. A. Scott & S. M. Kosslyn (Eds.), *Emerging Trends in the Social and Behavioral Sciences: An Interdisciplinary, Searchable, and Linkable Resource*, Hoboken, NJ, USA: John Wiley & Sons, Inc. doi:10.1002/9781118900772.etrds0324, ISBN: 9781118900772

Reich, R. R., **Cummings, J. R.**, Greenbaum, P. E., Moltisanti, A. J., & Goldman, M. S. (2015). The temporal "pulse" of drinking: Tracking five years of binge drinking in emerging adults. *Journal of Abnormal Psychology*, 124(3), 637-647. doi:10.1037/abn0000061, PMID: 25961813, PMCID: PMC4573787

Bornovalova, M. A., **Cummings, J. R.**, Hunt, E., Blazei, R., Malone, S., & Iacono, W. G. (2014). Understanding the relative contributions of direct environmental effects and passive genotype-environment correlations in the association between familial risk factors and child disruptive behavior disorders. *Psychological Medicine, 44*(4), 831–844. doi:10.1017/S0033291713001086, PMID: 23714724, PMCID: PMC3883935

Rojas, E. C., **Cummings, J. R.**, Bornovalova, M. A., Hopwood, C. J., Racine, S. E., Keel, P. K., Sisk, C. L., Neale, M., Boker, S., Burt, S. A., Klump, K. L. (2014). A further validation of the Minnesota Borderline Personality Disorder Scale. *Personality Disorders: Theory, Research, and Treatment, 5*(2), 146–153. doi:10.1037/per0000036, PMID: 24364505, PMCID: PMC4114388

Cummings, J. R., Bornovalova, M. A., Ojanen, T., Hunt, E., MacPherson, L., & Lejuez, C. (2013). Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms during early adolescence. *Journal of Abnormal Child Psychology, 41*(5), 735–748. doi:10.1007/s10802-012-9704-x, PMID: 23329354, PMCID: PMC4158838

MANUSCRIPTS

Under Revision

Cummings, J. R., Tomiyama, A. J., & Ray, L. A. Does the neuroimmune modulator ibudilast alter food craving? Results in a sample with alcohol use disorder. *Journal of Addiction Medicine.*

Under Review

Cummings, J. R., Gearhardt, A. N., Ray, L. A., Choi, A. K., & Tomiyama, A. J. How do eating and alcohol use intersect? A theoretical integration and systematic review.

Cummings, J. R. & Tomiyama, A. J. Food loves company: Risky eating with friends increases interpersonal closeness.

AWARDS AND HONORS

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| 2017 | American Psychological Association Dissertation Research Award |
| 2017 | Society for Personality and Social Psychology Graduate Student Poster Competition Runner Up |
| 2016 | Sugar, Stress, Environment, and Weight Initiative Fellow |
| 2015 | Research Society on Alcoholism Student Merit Award |
| 2014 | Association for Psychological Science Student Grant Competition Winner |
| 2014 | Research Society on Alcoholism Student Merit Award |
| 2013 | USF Richard LaBarba Memorial Scholarship Award
<i>For the paper:</i> Cummings, J. R. et al. (2013). Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms during early adolescence. <i>Journal of Abnormal Child Psychology.</i> |

2012	USF Office of Undergraduate Research Travel Award
2011	USF Office of Undergraduate Research Grant
2011	USF Raymond Endowed Scholarship
2010	USF Dean's List Award
2008	USF Honors College Award
2008	USF Director's Award
2008	USF Valedictorian Scholarship
2008	Florida Academic Scholar

FELLOWSHIPS

2015-2018	National Science Foundation Graduate Research Fellowship
2015	UCLA Graduate Summer Research Mentorship Fellowship
2014-2015	UCLA Eugene V. Cota-Robles Fellowship
2014	UCLA Graduate Summer Research Mentorship Fellowship
2013-2014	UCLA Distinguished University Fellowship

GRANTS

2015	OPRM1 Polymorphisms, Food Reward, and Food-Alcohol Competition Funder: UCLA Institute for Society and Genetics (\$5,000)
2015	Food-alcohol competition: The role of food in drinking modification Funder: UCLA Academic Senate (\$9,400)

CONFERENCE PARTICIPATION

Oral Presentations

Cummings, J. R. & Tomiyama, A. J. (2017, April). Trait and demographic predictors of bonding over alcohol and unhealthy food consumption. In J. Howell (Chair) & K. Sweeny, *Personality predicts health cognitions, experiences, and behaviors: Findings from diverse perspectives*. Symposium conducted at the 38th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.

Cummings, J. R. & Tomiyama, A. J. (2017, March). Food-alcohol competition? Evidence from longitudinal and experimental studies. In A. N. Gearhardt (Chair), *Obesity and substance use: A complex relationship*. Symposium conducted at the 5th Annual Meeting of the Collaborative Perspectives on Addiction in Albuquerque, NM.

Cummings, J. R. & Bornoalova, M. A. (2014, February). *Distress tolerance and risky health behaviors*. Data blitz presented at the 6th Annual Social Personality and Health Network Preconference in Austin, TX.

Cummings, J.R. & Bornoalova, M.A. (2012, February). *Too much of a good thing? Distress overtolerance and its relationship with psychopathology, negative emotionality, and health outcomes*. Paper presented at the 15th Annual Meeting of the American Association of Behavioral and Social Sciences in Las Vegas, NV.

Poster Presentations

Cummings, J. R., Nooteboom, P., Nguyen, D., & Tomiyama, A. J. (2018, March). *Food-alcohol competition: Does eating sweets reduce alcohol craving?* Poster to be presented at the 76th Annual Meeting of the American Psychosomatic Society in Louisville, KY.

Finch, L. E., **Cummings, J. R.,** & Tomiyama, A. J. (2017, April). *What to eat and when? An experimental test of the psychophysiological effects of comfort eating.* Poster presented at the 38th Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.

Cummings, J. R. & Tomiyama, A. J. (2017, January). *Indulgence loves company: The effect of indulgent behavior on interpersonal closeness in non-romantic dyads.* Poster presented at the 18th Annual Meeting of the Society for Personality and Social Psychology in San Antonio, TX.

Nooteboom, P., **Cummings, J. R.,** & Tomiyama, A. J. (2016, May). *Psychosocial vs. behavioral coping: Identifying the best strategy to counteract the effect of adverse life events.* Poster presented at the 28th Annual Meeting of the Association for Psychological Science in Chicago, Illinois.

Cummings, J. R., Ray, L. A., & Tomiyama, A. J. (2015, June). *Bonding over desserts and drinks: Does "risky" consumption of alcohol and food increase social closeness?* Poster presented at the 38th Annual Meeting of the Research Society on Alcoholism in San Antonio, TX.

Cummings, J. R., Ray, L. A., & Tomiyama, A. J. (2015, March). *Food-alcohol competition: Do young girls who eat more drink less?* Poster presented at the 73rd Annual Meeting of the American Psychosomatic Society in Savannah, GA.

Cummings, J. R. & Tomiyama, A. J. (2014, June). *Alcohol consumption and body mass index: Food-alcohol competition or third variable problem?* Poster presented at the 37th Annual Meeting of the Research Society on Alcoholism in Seattle, WA.

Kiselica, A. M., **Cummings, J. R.,** Bornovalova, M. A., McGue, M., & Iacono, W. (2013, September). *Genetic factors account for the association between age of sexual initiation and adult sexual risk behavior.* Poster presented at the 27th Annual Meeting of the Society for Research in Psychopathology in Oakland, CA.

Cummings, J. R., Reich, R. R., Moltisanti, A. J., Greenbaum, P. E., Brandon, K. O., Darkes, J., & Goldman, M. S. (2013, June). *Population-level contingencies governing the pulse of drinking in emerging adults.* Poster presented at the 36th Annual Meeting of the Research Society on Alcoholism in Orlando, FL.

Cummings, J. R., Arango, A., Bornovalova, M. A., Ojanen, T., Hunt, E., MacPherson, L., & Lejuez, C. (2012, September). *Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms.* Poster presented at the 26th Annual Meeting of the Society for Research in Psychopathology in Ann Arbor, MI.

Symposia Organized

J. R. Cummings (Chair) & H. S. Kurtzman (2016, August). *"We're in the money": Funding opportunities from private institutions and foundations*. Symposium conducted at the 124th Annual Meeting of the American Psychological Association in Denver, CO.

TEACHING EXPERIENCE

University of California, Los Angeles

2018 Instructor, *Introduction to Psychology*
2017 Instructor, *Introduction to Psychology*
2017 Teaching Assistant, *Introduction to Psychology*

University of South Florida

2012 Teaching Assistant, *Research Methods in Psychology*

PAID RELEVANT EXPERIENCE

UCLA Graduate Student Resource Center, Supervisor: Marilyn Gray, PhD

2016-2018 Graduate Writing Consultant, 6 hours/week

USF Alcohol and Substance Use Research Institute, Director: Mark S. Goldman, PhD

2012-2013 Lab Data Manager, 40 hours/week
2011-2012 Supervisor of Assessments and Training, 30 hours/week
2010-2011 Senior Research Assistant, 20 hours/week

PROFESSIONAL SERVICE

Leadership American Psychological Association Science Directorate
Student Council, Health Psychology Area Representative
2014-2016 (Council Chair 2015-2016)

Ad Hoc Reviewer *Addictive Behaviors*
Drug and Alcohol Dependence
Health Psychology
Journal of Abnormal Psychology
Journal of Health Psychology
Psychological Review

Affiliations American Psychological Association
American Psychosomatic Society
Association for Psychological Science
Society for Behavioral Medicine

Society for Health Psychology
Society for Personality and Social Psychology
Social Personality Health Network

EXTRA TRAINING

2015 Certified through National Institutes of Health Entering Mentoring Program

COMMUNITY OUTREACH

2013-2018 UCLA Psychology in Action, <http://www.psychologyinaction.org>
(Outreach Coordinator 2013-2015)

REFERENCES

A. Janet Tomiyama, PhD, Associate Professor
Department of Psychology, University of California, Los Angeles
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Adriana Galvan, PhD, Associate Professor
Department of Psychology, University of California, Los Angeles
agalvan@ucla.edu; 310-794-7750

Jennifer Silvers, PhD, Assistant Professor
Department of Psychology, University of California, Los Angeles
silvers@ucla.edu; 310-794-4953

Lara A. Ray, PhD, Professor
Department of Psychology, University of California, Los Angeles
lararay@psych.ucla.edu; 310-794-5383