

**JENNA R. CUMMINGS**  
**CURRICULUM VITAE**

502 Portola Plaza, 1285 Franz Hall, Los Angeles, CA, 90095  
jrcummings@ucla.edu | jennarcummings.weebly.com

---

**EDUCATION**

- In progress**    **PhD (*Anticipated graduation in 2018*)**  
University of California, Los Angeles  
Major: Health Psychology  
Minors: Quantitative Psychology, Social Psychology
- 2014**            **MA**  
University of California, Los Angeles  
Major: Health Psychology
- 2012**            **BA, *Summa cum laude***  
University of South Florida, *Honors College, Department Honors Program*  
Major: Psychology  
Minor: Dance

---

**PUBLICATIONS**

\*Citations = 74, h-index = 4, i10-index = 3 (computed on Google Scholar 08/08/2017)

**Refereed Journal Articles**

**Cummings, J. R.,** Ray, L. A., & Tomiyama, A. J. (2017). Food-alcohol competition: As young girls eat more food, do they drink less alcohol? *Journal of Health Psychology, 22*(5), 674-683. doi: 10.1177/1359105315611955, PMID: 26542418

Reich, R. R., **Cummings, J. R.,** Greenbaum, P. E., Moltisanti, A. J., & Goldman, M. S. (2015). The temporal "pulse" of drinking: Tracking five years of binge drinking in emerging adults. *Journal of Abnormal Psychology, 124*(3), 637-647. doi:10.1037/abn0000061, PMID: 25961813, PMCID: PMC4573787

Bornovalova, M. A., **Cummings, J. R.,** Hunt, E., Blazei, R., Malone, S., & Iacono, W. G. (2014). Understanding the relative contributions of direct environmental effects and passive genotype-environment correlations in the association between familial risk factors and child disruptive behavior disorders. *Psychological Medicine, 44*(4), 831-844. doi:10.1017/S0033291713001086, PMID: 23714724, PMCID: PMC3883935

Rojas, E. C., **Cummings, J. R.,** Bornovalova, M. A., Hopwood, C. J., Racine, S. E., Keel, P. K., Sisk, C. L., Neale, M., Boker, S., Burt, S. A., Klump, K. L. (2014). A further validation of the Minnesota Borderline Personality Disorder Scale. *Personality Disorders: Theory, Research, and Treatment, 5*(2), 146-153. doi:10.1037/per0000036, PMID: 24364505, PMCID: PMC4114388

**Cummings, J. R.**, Bornovalova, M. A., Ojanen, T., Hunt, E., MacPherson, L., & Lejuez, C. (2013). Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms during early adolescence. *Journal of Abnormal Child Psychology*, 41(5), 735–748. doi:10.1007/s10802-012-9704-x, PMID: 23329354, PMCID: PMC4158838

### Edited Volumes

Tomiyama, A. J., Finch, L. E., & **Cummings, J. R.** (2015). Did that brownie do its job? Stress, eating, and the biobehavioral effects of comfort food. In R. A. Scott & S. M. Kosslyn (Eds.), *Emerging Trends in the Social and Behavioral Sciences: An Interdisciplinary, Searchable, and Linkable Resource*, Hoboken, NJ, USA: John Wiley & Sons, Inc. doi:10.1002/9781118900772.etrds0324, ISBN: 9781118900772

---

### AWARDS AND HONORS

2017	Society for Personality and Social Psychology Graduate Student Poster Competition Runner Up
2016	Sugar, Stress, Environment, and Weight Initiative Fellow
2015	Research Society on Alcoholism Student Merit Award
2014	Research Society on Alcoholism Student Merit Award
2013	USF Richard LaBarba Memorial Scholarship Award <i>For the paper:</i> Cummings, J. R. et al. (2013). Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms during early adolescence. <i>Journal of Abnormal Child Psychology</i> .
2012	USF Office of Undergraduate Research Travel Award
2011	USF Raymund Endowed Scholarship
2010	USF Dean's List Award
2008	USF Honors College Award USF Director's Award USF Valedictorian Scholarship Florida Academic Scholar

---

### FELLOWSHIPS

2015-2018	National Science Foundation Graduate Research Fellowship
2015	UCLA Graduate Summer Research Mentorship Fellowship
2014-2015	UCLA Eugene V. Cota-Robles Fellowship
2014	UCLA Graduate Summer Research Mentorship Fellowship
2013-2014	UCLA Distinguished University Fellowship

---

### GRANTS

2015	OPRM1 Polymorphisms, Food Reward, and Food-Alcohol Competition Funder: UCLA Institute for Society and Genetics (\$5,000)
------	---

- 2015** Food-alcohol competition: The role of food in the modification of drinking  
Funder: UCLA Academic Senate (\$9,400)
- 2014** Bonding over drinks and dessert: Does sharing perceived health risk  
behaviors increase social closeness?  
Funder: Association for Psychological Science (\$500)
- 2011** Too much of a good thing? Examination of distress overtolerance with  
psychopathology symptoms and maladaptive behavior.  
Funder: USF Office of Undergraduate Research (\$500)

---

## CONFERENCE PARTICIPATION

### Oral Presentations

**Cummings, J. R.** & Tomiyama, A. J. (2017, April). Trait and demographic predictors of bonding over alcohol and unhealthy food consumption. In J. Howell (Chair) & K. Sweeny, *Personality predicts health cognitions, experiences, and behaviors: Findings from diverse perspectives*. Symposium conducted at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.

**Cummings, J. R.** & Tomiyama, A. J. (2017, March). Food-alcohol competition? Evidence from longitudinal and experimental studies. In A. N. Gearhardt (Chair), *Obesity and substance use: A complex relationship*. Symposium conducted at the 5<sup>th</sup> Annual Meeting of the Collaborative Perspectives on Addiction in Albuquerque, NM.

**Cummings, J. R.** & Bornovalova, M. A. (2014, February). *Distress tolerance and risky health behaviors*. Data blitz presented at the 6<sup>th</sup> Annual Social Personality and Health Network Preconference in Austin, TX.

**Cummings, J.R.** & Bornovalova, M.A. (2012, February). *Too much of a good thing? Distress overtolerance and its relationship with psychopathology, negative emotionality, and health outcomes*. Paper presented at the 15<sup>th</sup> Annual Meeting of the American Association of Behavioral and Social Sciences in Las Vegas, NV.

### Poster Presentations

Finch, L. E., **Cummings, J. R.**, & Tomiyama, A. J. (2017, April). *What to eat and when? An experimental test of the psychophysiological effects of comfort eating*. Poster presented at the 38<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine in San Diego, CA.

**Cummings, J. R.** & Tomiyama, A. J. (2017, January). *Indulgence loves company: The effect of indulgent behavior on interpersonal closeness in non-romantic dyads*. Poster presented at the 18<sup>th</sup> Annual Meeting of the Society for Personality and Social Psychology in San Antonio, TX.

Nooteboom, P., **Cummings, J. R.**, & Tomiyama, A. J. (2016, May). *Psychosocial vs. behavioral coping: Identifying the best strategy to counteract the effect of adverse life events*. Poster presented at the 28th Annual Meeting of the Association for Psychological Science in Chicago, Illinois.

**Cummings, J. R.**, Ray, L. A., & Tomiyama, A. J. (2015, June). *Bonding over desserts and drinks: Does "risky" consumption of alcohol and food increase social closeness?* Poster presented at the 38<sup>th</sup> Annual Meeting of the Research Society on Alcoholism in San Antonio, TX.

**Cummings, J. R.**, Ray, L. A., & Tomiyama, A. J. (2015, March). *Food-alcohol competition: Do young girls who eat more drink less?* Poster presented at the 73<sup>rd</sup> Annual Meeting of the American Psychosomatic Society in Savannah, GA.

**Cummings, J. R.** & Tomiyama, A. J. (2014, June). *Alcohol consumption and body mass index: Food-alcohol competition or third variable problem?* Poster presented at the 37<sup>th</sup> Annual Meeting of the Research Society on Alcoholism in Seattle, WA.

Kiselica, A. M., **Cummings, J. R.**, Bornovalova, M. A., McGue, M., & Iacono, W. (2013, September). *Genetic factors account for the association between age of sexual initiation and adult sexual risk behavior*. Poster presented at the 27<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology in Oakland, CA.

**Cummings, J. R.**, Reich, R. R., Moltisanti, A. J., Greenbaum, P. E., Brandon, K. O., Darkes, J., & Goldman, M. S. (2013, June). *Population-level contingencies governing the pulse of drinking in emerging adults*. Poster presented at the 36<sup>th</sup> Annual Meeting of the Research Society on Alcoholism in Orlando, FL.

**Cummings, J. R.**, Arango, A., Bornovalova, M. A., Ojanen, T., Hunt, E., MacPherson, L., & Lejuez, C. (2012, September). *Time doesn't change everything: The longitudinal course of distress tolerance and its relationship with externalizing and internalizing symptoms*. Poster presented at the 26<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology in Ann Arbor, MI.

### **Symposia Organized**

**J. R. Cummings (Chair)** & H. S. Kurtzman (2016, August). *"We're in the money": Funding opportunities from private institutions and foundations*. Symposium conducted at the 124th Annual Meeting of the American Psychological Association in Denver, CO.

### **CAMPUS TALKS**

---

**Cummings, J. R.** (2015, October). *Bringing food and alcohol to the table: Intersections between behavior, health, and social relationships*. Invited talk at Health Psychology / Behavioral Medicine Seminar, University of California, Los Angeles.

---

## TEACHING EXPERIENCE

---

### University of California, Los Angeles

2017 Instructor, *Introduction to Psychology*  
2017 Teaching Assistant, *Introduction to Psychology*  
2014 Reader, *Intimate Relationships*  
2013 Reader, *Introduction to Health Psychology*

### University of South Florida

2012 Teaching Assistant, *Research Methods in Psychology*

---

## PAID RELEVANT EXPERIENCE

---

### UCLA Graduate Student Resource Center, Supervisor: Marilyn Gray, PhD

2016-2018 Graduate Writing Consultant, 6 hours/week

### USF Alcohol and Substance Use Research Institute, Director: Mark S. Goldman, PhD

2012-2013 Lab Data Manager, 40 hours/week  
2011-2012 Supervisor of Assessments and Training, 30 hours/week  
2010-2011 Senior Research Assistant, 20 hours/week

---

## PROFESSIONAL SERVICE

---

**Leadership**  
2014-2016 Health Psychology Area Representative, American Psychological Association Science Student Council, Science Directorate  
(Council Chair 2015-2016)

**Ad Hoc Reviewer**  
*Addictive Behaviors*  
*Drug and Alcohol Dependence*  
*Journal of Abnormal Psychology*  
*Journal of Health Psychology*  
*Psychological Review*

**Affiliations**  
American Psychological Association  
APA Division 38: Health Psychology  
American Psychosomatic Society  
Association for Psychological Science  
Society for Behavioral Medicine  
Society for Personality and Social Psychology  
Social Personality Health Network  
National Research Mentoring Network

---

**EXTRA TRAINING**

---

**2015** Certified through National Institutes of Health Entering Mentoring Program

---

**COMMUNITY OUTREACH**

---

**2013-2018** UCLA Psychology in Action, <http://www.psychologyinaction.org>  
(Outreach Coordinator 2013-2015)

---

**REFERENCES**

---

A. Janet Tomiyama, PhD, Associate Professor  
Department of Psychology, University of California, Los Angeles  
[tomiyama@psych.ucla.edu](mailto:tomiyama@psych.ucla.edu); 310-206-6875

Adriana Galvan, PhD, Associate Professor  
Department of Psychology, University of California, Los Angeles  
[agalvan@ucla.edu](mailto:agalvan@ucla.edu); 310-794-7750

Andrew H. Ward, PhD, Professor  
Department of Psychology, Swarthmore College  
[award1@swarthmore.edu](mailto:award1@swarthmore.edu); 610-328-7814

Jennifer Silvers, PhD, Assistant Professor  
Department of Psychology, University of California, Los Angeles  
[silvers@ucla.edu](mailto:silvers@ucla.edu); 310-794-4953

Lara A. Ray, PhD, Professor  
Department of Psychology, University of California, Los Angeles  
[lararay@psych.ucla.edu](mailto:lararay@psych.ucla.edu); 310-794-5383

Marina A. Bornovalova, PhD, Associate Professor  
Department of Psychology & Mental Health, Law, & Policy, University of South Florida  
[bornovalova@usf.edu](mailto:bornovalova@usf.edu); 813-974-0495

Mark S. Goldman, PhD, Distinguished University Professor  
Department of Psychology, University of South Florida  
[mgoldman@usf.edu](mailto:mgoldman@usf.edu); 813-974-4491